

## Pau Hana Koa

- The Warriors' Newsletter -Hawaii State Chapter Military Officers Association of America



Vol. 26 No. 10

WEBSITE http://www.moaa-hawaii.org

October 2011

## Marine Wounded Warrior Luncheon at K BAY

#### Mullen Offers 40-Year Perspective on Social, Military Issues

(Admiral Mike Mullen retired on 30 September)

WASHINGTON, Sept. 20, 2011 - As the last month ticks down in a career that began with his graduation from the U.S. Naval Academy in 1968, Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, today offered his view of how war, peace, society and the world have changed over those 40-plus years.

He's seen some of the most significant military changes ever during his tenure as chairman, he told the audience gathered here at the Carnegie Endowment for International Peace.

"This has been a tumultuous four years," the admiral said. "I do remember when I took over this job ... the state of Iraq; the despair that was there in so many corners, the vector we were on, which was certainly headed for failure."

In contrast, during his last trip there a few weeks ago, he flew over Baghdad at night with some "Army guys" who served there early in the conflict, Mullen said.

"It looked like a sea of lights, like you were in Las Vegas," he said. "They'd never seen traffic on the streets of Baghdad at night, and it was jammed."

The turnaround in Iraq will be debated by historians, Mullen said, but he credits two primary military factors: courageous leaders at the top, and the uniformed men and women who carried out their orders.

Mullen said his three priorities as chairman have been the broader Middle East, including the wars in Iraq and Afghanistan and defeating al-Qaida; the health of the force; and the rest of the world.

The best day of his term of chairman was "the day we got [Osama] bin Laden," he said. "That also represents 30 years of work since 'Desert One,' when we failed in the Iranian hostage rescue. And we rebuilt not just our Special Forces and our special operators, but our military."

Blood, sweat, tears and a lot of losses have resulted in an adaptive force that is the world's best, the chairman said.

"Obviously we're in the middle of executing a very difficult and challenging campaign in Afghanistan," he said.

There has been steady security progress in that country "since we put 10,000 Marines in Helmand in the summer of [2009]," he noted.

(Mullen: continued on page 7)

## Wounded Warrior Program Luncheon scheduled 17 Oct at K Bay O'Club

An event you cannot miss.

Lieutenant Colonel Burl Hudson, officer-in-charge of the Wounded Warrior Battalion-West Detachment at MCBH, will speak at the October luncheon. LtCol Hudson has had numerous tours in most aspects of the Marine Corps since commissioning in 1990 through the ROTC program at the Univ. of Oklahoma. He deployed to Panama, northern and eastern Europe, and in 2005 to Iraq. He has been at Kaneohe since 2007. LtCol Hudson will be accompanied by MGySgt Daniel Carrillo along with six wounded, injured and ill Marines. He plans a short command brief/overview discussing reporting chain, lines of operation including how the families are integrated into

The six Marines will be prepared to discuss their situations including why they are there, how their treatments are going and plans for the future. All have a different story and goal in life.

the recovery process.

Please show your support to our Wounded Warriors by attending this event. (Reservations: page 5)

#### **Coming Events October**

1 Oct (Sat) The Users Group (TUG) 1000 OVC
1 Oct (Sat) US Army Retiree Appreciation Day 0800
Hale Ikena, Fort Shafter
14 Oct (Fri) EXCOM Meeting 1115 MCBH O'Club
17 Oct (Mon) Marine Wounded Warrior Luncheon
1115 MCBH O'Club
24 Oct (Mon) PAC Meeting 1100 Sam Snead's

#### **Coming Events November**

5 Nov (Sat) Annual Retiree Seminar 0800
Ford Island Conference Center
5 Nov (Sat) The Users Group (TUG) 1000 OVC
11 Nov (Fri) Veterans Day Ceremonies
1000 Punchbowl — 1300 Kaneohe
18 Nov (Fri) Annual Meeting 1600 w/ Special Guest followed by Mongolian BBQ - MCBH O'Club



## President's Perspective by LtCol Tom Smyth USMC (Ret)

Aloha.

**Hawaii Legislative re-districting changes!** As noted here previously, the Hawaii Apportionment Commission voted 8-1 on 28 June to put military personnel and their families into the population data base used to re-district state House and Senate seats, as they are for Congressional districts and in every state other than Kansas. Unfortunately, on 19 September, the Commission changed their position and voted 5-

3 with one absentee, to re-exclude military personnel and their families living in quarters. Originally the commission staff said DOD data provided to the Commission did not have enough detail as to resident addresses for them to be effectively excluded from the data base. An apparent update of the DOD data did provide enough detail to exclude those living in on-base zip codes. A total of just under 16,500 would no longer be counted, almost all of these on Oahu. This is not enough to move a State Senate seat from Oahu to the Big Island, the goal of several vocal protestors. If all addresses were known, more than 78,500 could have been excluded. Even if there is a court challenge by those on the Big Island, it may not be possible to more accurately realign the numbers. At this point it is not clear what the final outcome will be.

What's up in Washington? – Part Two For the past several months I have reported, and surely you have read, about possible changes to the DOD budget including major or minor changes to TRICARE, military retirement eligibility and other pay and benefit issues. As you read this, the "Congressional Super Committee" is in the midst of their secret deliberations and a report to the Congress is due on or before 23 November. The Administration has also put forth a more detailed list of things they would like to have considered. So right now, we know even less about the potential outcome of this entire process. If no Congressional agreement is reached there could be even more drastic cuts in end strength and pay and benefits. The only good news is that the entire issue of cutting troop strength and benefits as we wind down from a very long series of global conflicts and certainly heroic actions of our women and men in harm's way, the public is beginning to understand the impact the wrong decisions can have. I would urge you to communicate with our Congressional Delegation and demand that they treat those currently serving and those retired as people who have given so much for their country. They should not be compared to those who never served.

#### Semper Fi, Tom

#### **Retiree Seminar**

Annual Retiree Seminar on Saturday, November 5, 2011, at 0800 at Ford Island Conference Center.

Name:	Male □ Female □
New Member Application	□ Current Regular Member □ Current Auxiliary Member □
Address:	
Date of birth:	National MOAA membership No
Home Phone:	E-mail:
If married, spouse's first name:	Last name, if different than yours:
3,	retired, or former military officers are eligible for regular membership.
Service Rank A	retired, or former military officers are eligible for regular membership.  ctive Duty  Retired  Reserve  National Guard  Former Officer   100. Active Duty: 1st year \$10. Those 90 and older: free!
Service Rank A <b>Dues:</b> \$25 per year; 5 years for \$1 <b>Auxiliary Members:</b> Widows or were eligible for regular members!	ctive Duty  Retired  Reserve  National Guard  Former Officer   100. Active Duty: 1st year \$10. Those 90 and older: free!  widowers are eligible for membership whose spouses were regular members or hip. Rank of spouse:  Service of spouse:
Service Rank A  Dues: \$25 per year; 5 years for \$1  Auxiliary Members: Widows or were eligible for regular members!  Dues: \$20 per year; 5 years for \$7	ctive Duty  Retired  Reserve  National Guard  Former Officer   100. Active Duty: 1st year \$10. Those 90 and older: free!  widowers are eligible for membership whose spouses were regular members or hip. Rank of spouse:  Service of spouse:

### - - CHAPTER SOCIAL EVENTS - - THIS MONTH

Monday, OCTOBER 17 @ 1115
"Wounded Warrior Program" - K Bay O'Club

Friday, NOVEMBER 18 @ 1600 Annual Meeting w/ Special Guest followed by Mongolian BBQ - K-Bay O'Club

Thursday, DECEMBER 8 @1800 Annual Christmas Dinner - Hale Koa Hotel

#### **Thinning of the Ranks**

LCDR Robert Donald Gee, USN (Ret) died 21 September 2011. Survived by his wife Bobbie.

#### **Binnacle List**

ADM C. Bruce Smith, USN (Ret.)

#### ON THE HORIZON

The administration is proposing to introduce annual fees to Tricare for Life, the Medicare supplement entitlement for military retirees and their dependents who are older than 65. A \$200 annual fee would be charged beginning in 2013, and it would gradually increase. The proposal would save \$6.7 billion over 10 years, according to the White House.

The White House wants to raise Tricare pharmacy copayments closer to parity with federal employee health plans such as BlueCross BlueShield. The increased co-payments, which the White House estimates would save \$20.6 billion over 10 years, excludes active-duty members but would affect their families and all military retirees.

(Ed. Note: This is far from becoming law but MOAA will need everyone's help to thwart this action.)

#### **BOARD OF DIRECTORS**

COL Ralph Hiatt, USA (Ret), 2009-2011
LCDR Tom Marzec, USN (Ret), 2009-2011
Trish Kubach, 2009-2011
Helen Peil Baker, 2010-2012
CDR Bill Moore, USN (Ret), 2010-2012
CAPT George Sullivan, USN (Ret) 2010-2012
Chair, RADM C. Bruce Smith, USN (Ret), 2011-2013
CAPT John Peters, USN (Ret), 2011-2013
Col Jim Gebhard, USAF (Ret) 2011-2013

Volume 26, No. 10 Pau Hana Koa Published monthly by: Hawaii State Chapter, MOAA, PO Box 1185, Kailua, Hawaii 96734-1185

Subscription included in annual chapter dues.

Opinions expressed in this newsletter are not necessarily

Hawaii State Chapter policy.

# ALBUM 1700

#### <u>Trivia</u>

Peter, Paul & Mary - icons of folk music... Peter Yarrow played the 6 string guitar, Noel "Paul" Stoogy played his 12

string... but what instrument did Mary Travers play ? Answer on page 4.

## **Executive Committee Elected Officers**

President
LtCol Tom Smyth USMC
531-2829
tjsmyth6@aol.com

1st Vice President Capt Glen Van Ingen USAF 292-6844 gvan@hawaii.rr.com

2d Vice President CDR Bill Moore USN 261-4071 buckeye@hawaiiantel.net

#### **Appointed Officers**

Secretary - Helen Baker 753-7793 propinvst@hawaii.rr.com

Treasurer LtCol Geoff Bangs USAF 261-1455 gmbangs@hawaiiantel.net

Accountant LTC Richard DeLong, USA 486-0439 rasbma@yahoo.com

Auxiliary - Anna Blackwell 739-9164 annagram2@aol.com

Legal
COL Terry Thomason USA
247-5255
turtlealoha@aol.com

Chair LAVA
CAPT George Sullivan USN
623-2243
alohasully@earthlink.net

State Legislative Affairs LtCol Tom Smyth USMC 531-2829 tjsmyth6@aol.com

Chair Personal Affairs CDR Bill Moore USN 261-4071 buckeye@hawaiiantel.net Chaplain
CH(COL) Ron Bezanson USA
292-6095
bezansonrs01@aol.com

Chair Public Affairs VACANT

Official Photographer VACANT

Chair ROTC Scholarships COL Ralph JWK Hiatt USA 261-3301 hiattr@hawaii.rr.com

Chair Community Affairs Kathy Delong 486-0439 rasbma@yahoo.com

Co-Editors PHK
CH(COL) Ron Bezanson USA
955-4838
bezansonrs@gmail.com

CAPT George Sullivan USN 623-2243 alohasully@earthlink.net

Webmaster
Bob Ranaldo
941-0602
bobranaldo@yahoo.com

Database Mgt
Maj George Montague USAF
239-4222
montagueg001@hawaii.rr.com

TUG Col Lou Torraca USAF 254-3286 af06hi@gmail.com

Surgeon CDR John Boyer USN 988-1966 boyeraloha@aol.com

Sergeant –at– Arms VACANT

Directory Business Manager VACANT



#### 2011 CHAPTER DONATIONS

As of 15 September 2011 - TOTAL GOAL IS \$7000

Received to date \$4,572 (Scholarships and Community Service)

**DIAMOND CONTRIBUTORS (\$1,000 or MORE)** 

Clara G. Cook, Phillip Heyenga

PLATINUM CONTRIBUTORS (\$500 to \$1,000)

**Bruce Smith** 

#### **GOLD CONTRIBUTORS (\$100 TO \$499)**

Constance McQuillan, Myrl K. Noggle, Laudra Eber, Virginia Frizelle, Tom Smyth, George & Roberta Sullivan, Jack Miller

SILVER CONTRIBUTORS (\$50 TO \$99)

Jerry East, Ellen McGarry, Bill Moore, John Peters, Glen Van Ingen, Jim Gebhard, Regina Foster, Robert Walden

BRONZE CONTRIBUTORS (\$25 TO \$49)

Kathleen Brown, Mary Ceccarelli, Mark Torreano, Sue Schneiderman, Dick Armstrong, Dave Belatti, Roy McArdle

If you donated in any of these categories and your name is not present call me, Geoff Bangs 261-1455

#### MOAA to Co-Host BBQ on Saturday October 15 for Post-Traumatic Stress Disorder Residential Rehabilitation Program (PRRP)

The Chapter will again co-host a PRRP BBQ at the Oahu Veterans Center. The PRRP is run by Tripler as an eight week treatment/course for approximately 12 active duty/veterans who have symptoms of PTSD. Just prior to the completion of each program the Oahu Veterans Center co-hosts a BBQ with a veterans organization. MOAA will co-host the event on Saturday, October 15, at 1100. Members are asked to participate by volunteering to assist and to bring a special home-cooked dish.

Call George Sullivan if you wish to help: 623-2243 or E-mail: alohasully@earthlink.net

#### Military Retiree Pay Dates to Change

Paydays for military retirees and those who receive portions of retired pay are changing for the months of September and December to comply with a MOAA-supported provision in the 2011 National Defense Authorization Act (NDAA). The law requires military retiree pay to be processed on the first day of the month. When that day falls on a weekend or national holiday, the pay date is moved to the previous business day.

This year payments normally scheduled for Oct. 3, 2011 will be issued on Sept. 30, 2011, and payments normally scheduled for Jan. 3, 2012, will be issued on Dec. 30, 2011. The Defense Finance and Accounting Service (DFAS) has issued a notice that the change will mean military retirees will receive 13 rather than the normal 12 payments in calendar year 2011 and this could change the tax liability of some retirees and those who receive portions of their retired pay. DFAS is recommending beneficiaries speak with a tax advisor, the Internal Revenue Service or their state tax authority before filing their tax returns for 2011. DFAS cannot provide tax advice.

The change also applies to retiree allotments, garnishments and court-ordered former spouse and child support payments, but does <u>not</u> affect annuity payments.

#### **DFAS NEW WEBSITE**

DFAS - the place that sends you your monthly retiree check - has launched a new web site - <a href="https://www.dfas.mil/dfas.html">www.dfas.mil/dfas.html</a> Navigate to "Retired Military and Annuitants" where you will find a lot of good info.

Answer to Trivia: None

#### **MOAA National Recognizes Col. Ralph Hiatt USA (ret.)**

(The following is reprinted here from the September Military Officer magazine.)

#### **Increasing support**

The Hawaii Chapter more than doubled the number of JROTC units it supports in the past year. Thanks to the hard work of Col. Ralph Hiatt, USA-Ret., ROTC and JROTC scholarship chair, members now support 57 JROTC units, scattered across American Samoa, Hawaii, Japan, Korea, and the Mariana Islands. Chapter members recognize the top-performing cadet in each JROTC unit annually with a MOAA medal and a certificate. About a dozen \$500 scholarships also are presented to outstanding cadets who participate in JROTC programs in Hawaii.

The-chapter has established itself as a go-to resource for area JROTC programs. Last year, members purchased and presented trophies and medals to the winners of two local JROTC competitions .

"It just takes attending one JROTC event and seeing these cadets in action to restore your confidence in the youth of America," says Hiatt.

Members of the Hawaii Chapter also support ROTC programs at the University of Hawaii - something they've been doing for more than 30 years. Each year, members present outstanding cadets in the university's Army and Air Force ROTC with MOAA medals, and a cadet from each unit receives a \$500 scholarship. The scholarships honor University of Hawaii ROTC graduates who died while serving our country and are presented by the fallen warrior's family.

"The members support and believe in ROTC and JROTC:' says Hiatt. "We believe it helps the youth who participate in these programs."

(Ed. Note: Col. Hiatt asked me to emphasize that it is the CHAPTER MEMBERS who make this program happen.)

#### **REPLACING MILITARY ID CARDS:**

Both LtCol Lou Crompton and Admiral Bruce Smith volunteer at the Retired Activities Office at Pearl Harbor and assist many people with problems... recently a divorced spouse reported having one heck of a time trying to get her ID card renewed - it had expired... She couldn't even get on base ... She had many other problems to deal with such as having to provide an ORIGINAL marriage license, divorce decree etc.... Don't let your ID expire.... When replacing your ID, you must present two forms of identification, one of which must include a current photograph. Common documents used for positive ID are driver's license, Federal or State ID, school ID with photo, voter registration card, US passport, or Certificate of Naturalization.

Stay current - it makes life a lot easier!

$\bigstar$	*******
*	OCTOBER 17th CHAPTER LUNCHEON – MARINE CORPS BASE HAWAII
*	SPEAKER: LT. COLONEL BURL HUDSON – MCBH WOUNDED WARRIOR PROGRAM  Place: K BAY OFFICERS CLUB LEGARE ROOM  Date: Monday, 17 October Check-in 1100 hrs 11:30 lunch
*	MCBH CLUB LUNCHEON BUFFET
*****	Coordinators: Glen Van Ingen (292-6844) & Jim Gebhard (262-1165)  Meal Cost: \$17 per person RSVP NLT Thursday, October 13  (After the October 13 <sup>th</sup> cut-off date for reservations the cost is \$20 at the door.)  PLEASE CLIP AND MAIL IN YOUR RSVP
	Name tags to read:
	Make your check payable to HAWAII STATE CHAPTER - MOAA
X	No. of meals at \$17 = \$ SCHOLARSHIP FUND: \$
*	COMMUNITY SERVICE: \$ AMOUNT ENCLOSED: \$
*	SEND TO: HAWAII STATE CHAPTER MOAA - P.O. BOX 1185, KAILUA, HI

#### TUG

by LT Jim Fromm, USCG, (Ret)

Last month I told you about the ways to make your own holiday greeting cards and such. The holiday season is the time of year most of us get in touch with folks we only talk with once a year. This month, I'm going to tell you about ways you can keep in touch, effortlessly, all year round.

Social networks are the key, and there are several ones to choose from - Facebook, Twitter, MySpace, Google+ and Skype, just to name a few - fun, and easy way to keep in touch with all members of your family and friends, at least those who have access to a computer.

Facebook is the most popular social networking site on the planet. Last count had subscribers at near 700 million. The procedure to sign on to Facebook (FB) is easy: type in your name, your email address and a password. Once FB determines your name and email address aren't already in use by another subscriber, it will lead you to a Profile page. If the name is already being used you are given some suggested alternatives, or you can come up with a different one of your own.

This is where you put in the information you don't mind others viewing. Music interests, political proclivities, reading likes and dislikes and just about anything else you want to share. Once you've set up your account FB will ask if you want to have those folks in your address book 'friend' you. If you agree a computer generated email message will be sent to all inviting them to become your friend at your FB page. You'll then receive a request from those who want to be your on-line friend and you have to give them permission. Once you grant permission they will have access to your home page, commonly called 'your wall', where they can see photos you've posted and post their own photos and leave messages for you. A form of Instant Messaging (IM).

If your family member already has a FB account, you just send them a message asking to friend them, open a FB account and off you go. If you need personalized instructions to set up an account, just ask your grandkids.

MySpace was once the #1 place to share ideas, messages, photos etc., with friends on the internet. But, it was surpassed by Facebook, it is said, because MySpace wasn't innovative with its site and content. It still has millions of subscribers but nowhere near the number of Facebook.

*Twitter* is a 140 character outlet, sometimes referred to as a micro-blog, for those who feel the need to tell the world everything that is happening in their life. Once you post something on Twitter, it is instantly visible to all Twitter subscribers, unless you designate your entry as a personal message. Setting up an account is just as easy as FB. Type in your name, a password and user name. That's it

You can Twitter around the world in many different languages. Use it for business and for community groups to keep abreast of activities and emergency situations. Get the Twitter app for your mobile device.

Although Twitter is limited to 140-character posts there are methods to string several tweets together; add links to websites; add photos and other files. See the full tutorial at www.twitter.com

As with everything else on the internet, use common sense before giving out any personal information. Using your own name and providing personal data could result in identity theft.

As a rule you should not put your home address, place of employment, DOB and make them visible. You can elect to keep the DOB from showing on your page. If you enter other personal info, it can be seen by whomever has permission to view your page. But, keep in mind, Facebook pages have been hacked.

You will be required to enter your date of birth for most social networks when you first subscribe. This gives the owners of the site legal protection if an adolescent signs up using a false DOB. The general rule across most sites is you have to be 13 or older.

The latest entry to the social network arena is Google+. At present, (Sep 2011), it is by invitation only. Once you get an invite you log in with a Gmail address and user name. Each time you open that Gmail account, you can access your Google+ account. Google+ integrates social services such as Google Profiles and Google Buzz, and introduces new services Circles, Hangouts, Sparks, and Huddles. Google+ is available as a web site, will be available as a desktop application, and is already available as a mobile application, but only on the Android and iOS operating systems. To view an interactive tour, visit

#### http://www.google.com/+/demo/

With all those listed you can exchange messages, photos, videos and even conduct on-line video chats with your friends and relatives no matter where they live as long as they have a computer. All the new notebook computers have built-in webcams (web camera) so you can see and be seen during a conversation. And, you won't even have to type once you make the connection.

Here's a list of major active social networking websites, excluding dating websites. Please note the list is not exhaustive, and is limited to notable, well-known sites.

http://en.wikipedia.org/wiki/List of social networking websites

Remember, what you put on the web stays on the web. Don't be so quick to press Enter, or Send, if you don't want what you're saying to come back and haunt you. I would also advise against any ex-Congressman Anthony Weiner type photos. Have fun 'visiting' with your family on-line.

Now, I'm soliciting. Not knowing most of you folks personally, I'm not sure of your computer interests and usage. So, if you have a topic that you would like to see covered please e-mail me at <a href="mailto:editor@the-tug.org">editor@the-tug.org</a> and I'll see if I can gin something up that will fit in the allotted space. Mahalo and, **Aloha, Jiw** 

(Mullen: continued from page 1)

The counterinsurgency fight in Afghanistan has implications While the military now uses different doctrine to counter difand "the 'stans," he said.

Responsible nations need to focus on the entire region, so the dreamed of then, he said. situation there doesn't deteriorate into civil war or a failed Mullen noted that people who wear the nation's military unistate with nuclear weapons, Mullen said.

The United States today faces security challenges different in "Our major units now are on their fourth, fifth or sixth deboth number and nature from those he knew as a young offi-ployments since 2003," he said. cer serving in Vietnam, he said.

"This is not 1990; this is not 1970," he said. "This is a world that, from my perspective, still is very, very dangerous."

"I talk about two existential threats to the United States right While he feels strongly that the nation does not need a miliexist in Russia; we think that we've got that well controlled inside the [current strategic arms reduction, or New START] treaty and inside the relationship."

bring us to our knees," he added.

The cyber threat has no boundaries or rules, and can issue essentially detached from its people." from other nations, nongovernment actors, "You pick it," but Mullen said he's seen 18-year-olds enter the military and the danger it poses warrants a structure of doctrine and regulation like that used to control the nuclear threat, he said.

"We're a long way from that right now," he said.

missiles and ballistic-missile submarines "at some point ... becomes very, very expensive," the chairman said.

"I think a decision will have to be made in terms of whether Mullen said during his own career, he has relied on the partwe keep the triad or drop it down to a dyad," Mullen said.

Mullen said he has worked to strengthen the nation's military communication with China, and worries that the United States and Iran have had no formal communication since "I have had the great privilege of leading young men and 1979.

the Soviet Union," he said. "We are not talking to Iran. So we ceptionally strong. I think we're in pretty good shape." don't understand each other. If something happens, it's virtually assured that we won't get it right, that there will be mis-

calculations."

for that entire region, including Pakistan, India, Iran, China ferent threats than it did when Mullen began his career, the force today is more capable and more professional than he

forms now make up less than 1 percent of the population.

While service members and their families have been "incredibly resilient," the chairman said, the average American has no idea of the depth of stress with which they live.

now," he said. "One is obviously the nuclear weapons that tary draft, the chairman said, military leaders must work to connect service members with the greater nation.

"American citizens are stunned at what we've been through," he said. "I do worry ... that over time, our connection is erod-The other is cyber attacks, which "I think ... actually can ing. I think that's a very bad outcome for America; an outcome this democracy could not stand -- to have its military

leave it changed for the better.

"I believe broadly, a couple years of service -- in any capacity -- would be good for our young people in the country," the As the United States and Russia reduce their nuclear arsenals, chairman said. "In neighborhoods, in communities, with the the traditional nuclear triad of bomber aircraft, land-based Peace Corps, with the military ... something that exposes them to the broader world, and gets [them] a connection to the challenges and recognition of the opportunities."

> nership of Deborah Mullen, his wife of more than 40. During his term as chairman of the Joint Chiefs of Staff, he also has relied on his military colleagues, he added.

women who are the best I've ever seen," the chairman con-"Even in the darkest days of the Cold War, we had links to cluded, "but doing that with a group of four-stars that are ex-

By Karen Parrish American Forces Press Service

#### TRIPLER TIPS

By Patricia Kubach

(Patricia attends these bi-monthly meeting as MOAA's representative.)

The "Health Care Consumer Committee Meeting" was called to order by Glenda J. Lock, Deputy commander of Nursing, at 1300 on Tuesday, September 13, in the Conference Room at TAMC.

Leading off the agenda was a briefing by Lt. Col. Duane Hennion of the Sports Medicine clinic where they evaluate, restore and maintain patients with conditions relating to joints, muscles and bones. A physical profile is managed through the use of ultrasound procedures and a multidisciplinary approach with orthopedics and physical therapy. All non-surgical referrals are welcomed not necessarily "sports" related.

Next, ILt. Mark Mendoza from the Allergy Immunization Clinic, provided information about influenza vaccinations: Allergy Clinic Flu Walk-ins, M - Th, 0800 - 1500, Mass Flu Immunization dates; Oct. 7, 14, 21 and 28, 0730 - 1500.

Air Force, Navy and Marine clinics as well as numerous civilian facilities also provide flu shots.

Ms. Denise Lee of Customer Relations concluded the meeting with encouraging patrons to use the Home Mail Order Pharmacy which saves millions of dollars. Civilian pharmacy co-pays will increase in October.

Social Security numbers will be eliminated from new ID Cards., For those eligible for benefits, a new benefit number (DBN) will be on the back.

The next committee meeting will be held in November. If you have issues you would like to request be included on the agenda, please contact Patricia Kubach well in advance by e-mail (preferred) trishkubach@hawaii.rr.com or by phone (808-395-9719).

Return Service Requested





Non-Profit Org. US Postage PAID Permit No. 702 Honolulu Hawaii



HATTY HALLOWEEN

#### **UP-COMING CHAPTER ACTIVITIES:**

Marine Wounded Warrior Luncheon MCBH O'Club October 17, 2011 @ 1115

#### **Admiral Smith to Retire as Chapter Chairman**

September 20, 2011

Tripler Army Hospital Room 526-C-Wing

Dear President Smyth and Hawaii Chapter members:

The time has come after serving more than ten years, to step down as the Chairman of the Chapter Board of Directors. I will remain on the Board until the end of the year and resign as of December 31, 2011.

Captain George Sullivan has agreed to serve as acting Chair in my behalf for the remainder of 2011. George is a distinguished volunteer who is always willing to step up to serve whenever asked. He has done an outstanding job as editor of our monthly Chapter newsletter, Pau Hana Koa. George and Roberta care about the Military family and we are blessed to have their support and leadership. By the way, they did a great job in organizing the Chapter picnic last August at Bellows.

I ask that all Chapter members assist George and support Chapter activities. My favorite is the Chapter scholarship fund to assist the ROTC cadets in their pursuit of their education. This group is our legacy as the future Military Officers of America. They deserve our support.

I plan to see all of you at the annual Christmas party on December 8<sup>th</sup> and until then God Bless and God Bless America.

Aloha,

#### C. Bruce Smith

C. Bruce Smith

(Ed. Note: At this writing Adm. Smith is in Tripler with a staph infection in his leg. We wish him a quick recovery.)