



# Pau Hana Koa

Retired Warriors - Hawaii State Chapter  
Military Officers Association of America

Vol. 22 No. 6

WEBSITE <http://www.moaa-hawaii.org>

June 2007

## DIARY OF A LAST AND FINAL FLIGHT HOME

by Captain Frank Zackary, retired United Airlines pilot, contributed by Captain Carl Hankwitz through Bob Popp

I was curbside at 24<sup>th</sup> and M Streets in Washington DC; 16° with a light breeze. I'm going home after my second week of freezing temps to my warm home in So. California. Take a walk on the beach, ride a horse, climb a mountain, and get back to living. I'm tired of the cold.

0425 I paid the taxi fare at Dulles in front of the United Airlines counter...still cold.

0450 I engaged the self-service ticket machine and it delivers my ticket, baggage tag, and boarding pass. Hmm, that Marine over there is all dressed up in his Dress Blues...a bit early in the morning..."Good morning Captain, you're looking sharp." He says: "Thank you, sir."

I passed Security and proceeded to my gate for a decaf coffee and 5 hours sleep. A quick check of the flight status monitor and UA211 is on time. I'm up front so how bad can that be? Hmm, there's that same Marine. He must be heading to Pendleton to see his lady at LAX for a long weekend, all dressed up like that...or maybe not. I dunno.

The speaker system announces, "Attention in the boarding area, we'll begin boarding in 10 minutes. We have some additional duties to attend to this morning, but we'll have you out of here on time."

The Marine captain has now been joined by five other Marines. BINGO! I get it. He's not visiting his lady. He's an official escort. I remember doing that once, CACO (Casualty Assistance Claims Officer) duty. I still remember the names of the victim and family, the Bruno family in Mojave...wow...that was 24 years ago.

0600 On board. "Good morning folks, this is the Captain. This morning we've been attending to some

additional duties and I apologize for being 10 minutes late for push back. I believe we'll be early into LAX. This morning it is my sad duty to announce that 1stLt Jared Landaker, USMC will be flying with us to his Big Bear home in Southern California. Jared lost his life over the skies of Iraq earlier this month. Today we have the honor of returning him home along with his mother, father, and brother. Please join me in making the journey comfortable for the Landaker family and their uniformed escort. Now sit back and enjoy your ride. We are not expecting any turbulence until we reach the Rocky Mountain area, but we'll do what we can to ensure a smooth ride. For those interested, you can listen in on our progress on Channel 9.

Click Channel 9: "Good morning UA211. You are cleared to taxi, takeoff, and cleared to LAX as filed"

Four hours, 35 minutes later over Big Bear Mountain, the AB320 makes a left roll, a steep bank and then one to the right - nice touch, nice tribute. Five minutes out from landing, the Captain comes on the speaker, "Ladies and gentlemen, after landing I'm leaving the fasten seat belt sign on, and I ask everyone to yield to the Landaker family. Please remain seated until all members of the family have departed the aircraft. Thank you for your patience. We are 20 minutes early."

On roll out, I notice red lights, emergency vehicles approaching. We're being escorted directly to our gate, no waiting, not even a pause. Out the left window, a dozen Marines in full dress blues. A true class act by everyone, down to a person. Way to go United Airlines for doing things right;

(Continued on Page 3)

### Coming Events June

2 Jun (Sat) The Users Group (TUG) 1000  
Computer Training, Oahu Veterans Center

15 Jun (Fri) Excom Mtg., MCBH O'Club 1130

21 Jun (Thu) Asia-Pacific Center for Security  
w/lunch following at the Hale Koa Hotel, 1030

### Coming Events July

7 Jul (Sat) The Users Group (TUG) 1000  
Computer Training, Oahu Veterans Center

9 Jul (Mon) PAC Mtg, Oahu Veterans Center 1130

20 Jul (Fri) Excom Mtg., MCBH O'Club 1130

No Chapter Social Event Scheduled  
Summer Vacation

## PERSPECTIVES FROM YOUR PRESIDENT

by Colonel John Harms – USMC (Ret.)



LAST MONTH, FOR THIS WILL BE THE EAST TO WEST COAST RUN WHICH IS DIFFERENT. WE TOOK THE EMPIRE BUILDER FROM CHICAGO TO WHITEFISH, MONTANA, THEN REBOARDED A COUPLE OF DAYS LATER TO EVERETT, WASHINGTON.

BEFORE "ALL ABOARD" IS SOUNDED I WOULD LIKE TO SHARE THE EXCEPTIONAL EXPERIENCE OF VISITING THE NATIONAL MARINE CORPS MUSEUM IN QUANTICO, VA. IT SOARS ABOVE THE TREE LINE JUST SHORT OF THE QUANTICO MARINE BASE EXIT ON I-95, WITH AN IMAGE TO REFLECT THE WWII FLAG RAISING ON IWO JIMA. YOU ENTER THIS GRAND GALLERY WITH ALL TYPES OF AIRCRAFT SUSPENDED FROM THE CEILING, AND LIFE SIZE EXHIBITS OF THE LANDING ON TARAWA, AND A HELICOPTER DISCHARGING TROOPS ON A HILL TOP IN KOREA. AROUND THIS GALLERY ARE SEPARATE EXHIBIT HALLS STARTING WITH THE REAL "OLD CORPS" OF 1776 THROUGH THE BANANA WARS. THEN "BOOT CAMP" WITH A BUS LOAD OF RECRUITS FLASHED ON THE WINDOWS OF THE ARRIVAL BUS, AND THE MELODIOUS ORDERS FROM THE DRILL INSTRUCTOR TO STAND ON THE YELLOW FOOT PRINTS MAGGOTS (MARINES WILL UNDERSTAND THE FOOT PRINTS). ON TO A FULL SCALE BUNKER ON GUADALCANAL,

HOPEFULLY WITH RADIO TRANSMISSIONS MY TRAIN TRAVELS FROM WEST TO EAST WERE TOO BORING. LAST MONTH, FOR THIS WILL BE THE EAST TO WEST COAST RUN WHICH IS DIFFERENT. WE TOOK THE EMPIRE BUILDER FROM CHICAGO TO WHITEFISH, MONTANA, THEN REBOARDED A COUPLE OF DAYS LATER TO EVERETT, WASHINGTON. BEFORE "ALL ABOARD" IS SOUNDED I WOULD LIKE TO SHARE THE EXCEPTIONAL EXPERIENCE OF VISITING THE NATIONAL MARINE CORPS MUSEUM IN QUANTICO, VA. IT SOARS ABOVE THE TREE LINE JUST SHORT OF THE QUANTICO MARINE BASE EXIT ON I-95, WITH AN IMAGE TO REFLECT THE WWII FLAG RAISING ON IWO JIMA. YOU ENTER THIS GRAND GALLERY WITH ALL TYPES OF AIRCRAFT SUSPENDED FROM THE CEILING, AND LIFE SIZE EXHIBITS OF THE LANDING ON TARAWA, AND A HELICOPTER DISCHARGING TROOPS ON A HILL TOP IN KOREA. AROUND THIS GALLERY ARE SEPARATE EXHIBIT HALLS STARTING WITH THE REAL "OLD CORPS" OF 1776 THROUGH THE BANANA WARS. THEN "BOOT CAMP" WITH A BUS LOAD OF RECRUITS FLASHED ON THE WINDOWS OF THE ARRIVAL BUS, AND THE MELODIOUS ORDERS FROM THE DRILL INSTRUCTOR TO STAND ON THE YELLOW FOOT PRINTS MAGGOTS (MARINES WILL UNDERSTAND THE FOOT PRINTS). ON TO A FULL SCALE BUNKER ON GUADALCANAL,

HEARD IN THE BACKGROUND DEPICTING THE ATTACK ON BLOODY RIDGE. STEP INTO THE KOREAN WAR DISPLAY, AND THE TEMPERATURE IN THE ROOM DROPS ABOUT 20° (IT WAS COLD) TO DEPICT THE FROZEN CHOSEN WITH FULL SCALE MANNEQUINS AND A FIERCE NIGHT ARTILLERY BARRAGE ON THE ATTACKING CHINESE, REPRODUCED FROM THE MARINE CORPS ART COLLECTION. ON TO THE VIETNAM EXHIBIT WHERE YOU STEP OUT THE BACK OF A HELICOPTER IN INTENSE HEAT (HEAT LAMPS IN THE CEILING) AND THE DEFENSE OF KHE SAN IS GOING ON IN FRONT OF YOUR EYES. THESE ARE ONLY THE HIGHLIGHTS. YOU NEED A GOOD TWO DAYS TO REALLY APPRECIATE THE FULL SPECTRUM OF EXHIBITS.

KNUFF SAID! BACK TO THE GREAT TRAIN EXPERIENCE AND THE AMTRAK EMPIRE BUILDER. IT APPEARS TO BE THE MOST PROFESSIONAL STAFF OF THE THREE TRAIN ROUTES WE HAVE BEEN ON. LUGGAGE IS STOWED QUICKLY ON THE LOWER LEVEL OF YOUR SLEEPER CAR. THE PRIVATE SLEEPING COMPARTMENT HAS WILD FLOWERS, BOTTLED WATER AND PAMPHLETS ON SIGHTS THE PASSENGER WILL SEE DURING THEIR TRAVELS. THE DINING CAR'S MENUS ARE TRULY GREAT WITH SEARED CATFISH, TO NEW YORK STRIP STEAK ALL INCLUDED IN THE TICKET PRICE. I REALLY NEVER REALIZED HOW TRULY FLAT OUR MIDDLE AMERICA IS, THE GREAT PLAINS AS DESCRIBED IN SO MANY HISTORY BOOKS. WE SAW A

HERD OF BISON WHICH WAS INTERESTING. BISON OR "BUFFALO" STEAKS ARE TRULY AN EPICUREAN DELIGHT. ENTERING THE ROCKY MOUNTAINS IS VERY QUICK, ONE MOMENT FLAT PLAINS, THEN THE STRAIN OF THE DIESEL ENGINES (TWO) AND WE START THE CLIMB UPWARD. SNOW CAPPED PEAKS AND RUSHING GLACIER STREAMS ARE EVIDENT WHEREVER YOU LOOK, AND THE TEMPERATURE STARTS A DOWNWARD SPIRAL TO 42° F. THERE ARE LARGE STANDS OF EVERGREEN, ASPEN, BIRCH, AND MANY OTHER TREES. NO HIGHWAYS BESIDE THE TRAIN TRACKS HERE; WE FOLLOW THE LEGENDARY ROUTE OF LEWIS AND CLARK. DEER HERE AND THERE, A FLEETING SIGHT OF A PUMA, BEAR CUBS, BUT NO MOMMA AND PAPA GRIZZLY IN SIGHT. A BALD EAGLE AND MANY HAWKS ARE FLYING ABOVE AS SLOWLY IT SINKS IN WHAT A MAGNIFICENT AND DIVERSE COUNTRY WE LIVE IN. THE GENTLY ROCKING SLEEPING CARS THAT QUICKLY LULL YOU TO SLEEP AND THE TRIP IS OVER. A TRULY UNIQUE AND RELAXING EXPERIENCE. HEY, RETIREES YOU HAVE THE TIME, TRY THIS OUT IT MAY TURN OUT TO BE ADDICTING. REMEMBER - GO TO [WWW.AMTRAK.COM](http://WWW.AMTRAK.COM), AND START RESERVATIONS EARLY TO GET THE BEST PRICES. OUR FELLOW PASSENGERS COULD NOT BELIEVE OUR \$1200 ROUND TRIP IN FIRST CLASS COMPARTMENTS, BUT THEN THE RESERVATIONS WERE MADE NINE MONTHS BEFORE STARTING THE TRIP.

SEMPER FIDELIS, *John Harms*

**DIARY OF LAST AND FINAL FLIGHT (cont'd):**

air traffic controllers for getting the message, and to all security personnel for your display of brotherhood.

When the family departed the aircraft, everyone sat silently. Then I heard a lady say, "God bless you and your family, and thank you." Then there was a somber round of applause. The Captain read a prepared note from Mrs. Landaker to the effect, "Thank you all for your patience and heartfelt concern for us and our son. We sincerely appreciate the sentiment. It's good to have Jared home."

After departing the aircraft, I found myself along with 30 others from our flight looking out the lobby window back at the plane. Not a dry eye. It was one of the most emotional moments I ever experienced. We all stood there silently and watched as Jared was taken by his honor guard to the waiting hearse. Then the motorcade slowly made its way off the ramp.

I realized that I had finally seen the moral majority. It is deep within all of us. Black, brown, white, yellow, red, purple, we are all children, parents, brothers, sisters, etc. We are an American family.

Official Report: 7 February 2007, Anbar Province, Iraq. 1stLt Jared Landaker, USMC, from Big Bear, California, gave his life in service to his country. Fatally wounded when his CH-46 helicopter was shot down by enemy fire, Jared and his crew all perished. His life was the ultimate sacrifice of a military family and grateful nation.

His death occurred at the same time as Anna Nicole Smith, a drug using person with a 7<sup>th</sup> grade education of no pedigree who dominated the news for two weeks while Jared became a number on CNN. And more unfortunately, Jared's death underscores a fact that we are a military at war, not a nation at war. It has been said that the Marines are at war. America is at the mall.

1stLt Landaker, a man I came to know in the skies over America on 17 February 2007, from me to you, aviator to aviator, I am unbelievably humbled. It was my high honor to share your last flight. God bless you.

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**- - CHAPTER SOCIAL EVENTS - -  
THIS MONTH - -**

Discover what's going on at the Asia-Pacific Center for Security Studies (located at Fort DeRussy adjacent to the Hale Koa parking structure). Plan to join other chapter members on Thursday, 21 June, at 10:30 a.m. for a tour and briefing. This is an excellent opportunity to understand the Center's on-gong programs for military and civilian leaders from across the Asia-Pacific Region. The Center's is to advance strategic communications and security cooperation. Each year over 1000 international leaders attend one of five special courses addressing such topics as counter terrorism, emergency disaster response, treaty relationships, interagency cooperation, and a wide range of security issues. Come, learn, and enjoy lunch (order from the menu and pay accordingly) afterward at the Hale Koa Koko Kafe. Validated parking is available in the Hale Koa parking structure.

For planning purposes please notify Jim Gebhard by e-mail at gebhardjim@aol.com (or by phone at 262-1165) that you plan to attend.

**UPCOMING EVENTS - -**

**ANNUAL HAWAII STATE CHAPTER PICNIC PLANNED**

**WHEN: SUNDAY, 12 AUGUST, 12:00 P.M.**

**WHERE: BELLOWS AFS PAVILLION 5A**

**WOULD YOU LIKE TO ENJOY A DINNER CRUISE AND VIEW THE HONOLULU CITY LIGHTS?.....SURE YOU WOULD; IT SOUNDS LIKE FUN!**

**WHEN: COMING UP IN SEPTEMBER, STAY TUNED**

**IN OCTOBER - - OKTOBERFEST, MCBH O'CLUB  
DETAILS LATER**

**Thinning of the Ranks**

**CAPT Robert T. Tolleson, USN (Ret), died 5 May 2007.**  
He is survived by his wife, Carol.

**Binnacle List**

**Patricia Kubach** is at home recovering from a serious fall.

**Errata and Changes to Directory 2007**

Pg 21 Queypo, Isabel L, chg name to Baker, Isabel L Q  
(move to Pg 12)

Pg 24 Wong, Hilda died in 2006, delete her data

Pg 31 Williams, Phyllis, chg to phylwms@hawaii.rr.com

Pg 48 "In Memoriam" section, add Mrs Hilda L Wong



## Legislative Affairs Veterans Affairs (LAVA)

By Captain George Sullivan USN (Ret.)

### Veterans' Medical Care Responsibility—DOD or VA?

There has been much written concerning the medical care for our returning wounded, many seriously wounded, men and women from Iraq and Afghanistan -- although not necessarily limited to those two areas of fighting. The focus of responsibility as depicted in the media keeps shifting from the Army to the VA. The incident written-up in the Washington Post concerning the conditions at Walter Reed Army Medical Center were appalling and it got even worse as the media expanded on the story. The Post series documented tattered conditions at Building 18, including mold, rot, mice and cockroaches, but also a larger bureaucratic indifference that has impeded some soldiers' recovery. Why did this happen? Who is responsible for this building being in the state it was? Is it the Army? Is it the Office of the Secretary of Defense (OSD)? Surely, this incident of substandard environment for medical care cannot be put on the shoulders of the Department of Veterans Affairs.

The United States has spent over \$300 billion on the war in Iraq and Afghanistan under Donald Rumsfeld during his six year tenure as Secretary of Defense -- and that is just for the War. The DOD budget is above and beyond that number. But who is responsible for seeing that the troops and their families are taken care of? That person is Dr. David S. C. Chu, the Under Secretary of Defense for Personnel and Readiness. His BIO says that he, "oversees **the \$36 billion Defense Health Program**, Defense Commissaries and Exchanges with \$17.2 billion in annual sales..." It goes on to say "Dr. Chu earlier served in government as the Director and then Assistant Secretary of Defense (Program Analysis and Evaluation) from May 1981 to January 1993." In my opinion he believes he is still in the Program Analysis and Evaluation job because, as I have said before in this column, I don't believe he has yet mastered the spelling "personnel". In an article contained in the Wall Street Journal on January 25, 2005 where it was noted that Congress had in recent years boosted military pensions, health insurance and benefits for widows of retirees, Dr. Chu was quoted as saying, "The amounts have gotten to the point where they are hurtful. They are taking away from the nation's ability to defend itself." His position, again, is Under Secretary of Defense for Personnel and Readiness - one would never know it!! It also should be noted that his Doctorate is in Economics!!

As all MOAA members are aware, the Pentagon's 2005 base closure plan calls for shutting down Walter Reed by 2011 with a planned consolidation and expansion at the National Naval Medical Center in Bethesda. What was to happen in the pending years- 2005 to 2011- could be guessed by anyone who has worked in the bureaucracy of the Pentagon - "we don't have to fund any renovations at Walter Reed." As a result when it became necessary to expand the out-patient care at Walter Reed in 2007, the infrastructure had not been kept up and severely disabled soldiers, Marines, sailors and airmen were subjected to the conditions described in the Post's article. One can easily blame the Army, and they are at fault, but I would spread the blame to OSD. The budget direction to the Army came from OSD and one can rest assured that they did not want to see any line items for upkeep to BRAC facilities - even if they were to support our troops returning from the war. Rumsfeld is now gone and Secretary Gates has promised improvements but, the career bureaucrat, Dr. Chu, remains.

As a result of the Walter Reed incident, the VA has also been under scrutiny. I believe the VA has been doing as good a job as possible given the budgets they have been operating with. The past Secretaries have pressed hard for additional funding over the last dozen years and to some degree they have been successful. One of the long standing issues has been the less than seamless care our veterans receive when transitioning from DOD to the VA. President Bush has established a Commission on "Care for America's Wounded Warriors". Former Health and Human Services Secretary Donna Shalala and Senator Bob Dole are co-chairs. She recently said the Commission will seek ways to "simplify, simplify, simplify" policies and procedures for wounded warriors, and will not only find the gaps in the continuity of their care, but also recommend how to close them. Let's hope the Commission is successful.

### Chaplain's Corner by CH (COL) Ron Bezanson DEALING WITH STRESS

For most of us stress is an ever-present part of living. Stress has many causes. For some it is work related. For others it may be trouble at home. For some it involves finances. For others it may be worries about health, our own or that of a close family member. High golf scores or even dealing with traffic delays can add to the stress. Many

of us may find stressors in a combination of things, and together they can add up to serious personal problems.

A certain amount of stress is unavoidable, but elevated stress levels, if left unchecked, can lead to serious illness and depression. When it seems that events that impact us are beyond our control, despair is common. We fuss and we fume. We make ourselves and those around us miserable.

(Continued on Page 6)

## CHAPTER DONATIONS FOR 2007



The following Chapter members have generously donated funds to either our Scholarship or Community Services Programs. Scholarships of \$1000 are awarded to deserving JROTC graduates from our State Public High Schools going to a four year university or college and \$500 for those going to a two year community college. Community Services contributions go to the VA Hospital for Aging, Fisher House at TAMC, and the USO, to mention a few. Mahalo for your kindness.

### GOLD LEVEL (\$100 or more)

David Stefansson, Richard Meiers, Hank Heyenga, Robert Gwaltney  
Barbara Earle in memory of husband John, Ralph Hiatt

### SILVER LEVEL (\$50 to \$99)

Clyde Friar, Charles Kimak, Carl Hokenson, Steve Marx, James Kelly, Margaret Campbell

### BRONZE LEVEL (\$25 to \$49)

Gary Veblen, David Belatti, Harland Cope, Shirley Grant, Edwin McKellar  
Ron and Mary Jo Bezanson, Helen Baker

*If you have donated in these categories and do not see your name,  
please notify John Harms at JandBHarms@aol.com*

## THE DOLEMAN AWARD

Submitted by RADM Bruce Smith, USN (Ret)

Hawaii State Chapter, MOAA, annually presents its Doleman Award to a retired officer who has made sustained outstanding voluntary contributions to the community. At the Military Appreciation Luncheon on 24 May, Acting President LCDR Tom Marzec, USN, presented this year's award to Admiral Ronald J. Hays, USN (Ret) in recognition of his outstanding volunteer service.



Admiral Hays is a graduate of the Naval Academy and a Vietnam War veteran who completed a distinguished career as a naval aviator and decided to retire in Hawaii after serving as the Commander in Chief of the U. S. Pacific Command.

Following his retirement from active service, Admiral Hays launched into a civilian career with Parson and GTE and was active with community organizations such as the Japan-American Society of Hawaii and Goodwill Industries.

His most notable contributions to our community focused on two major projects to highlight the historic military sites at Pearl Harbor.

Starting in 1994, Admiral Hays spearheaded the drive that brought the Battleship Missouri to Hawaii. The Mighty Mo was towed to Hawaii in 1998 and is moored next to the USS Arizona Memorial to mark the historic sites commemorating the beginning of World War II and the platform for the signing of the treaty that ended the war.

Admiral Hays' next venture was to lead a project to commemorate the historic rise of aviation in the Pacific. This project involved gaining approval to restore three historic aviation hangars and the airfield control tower on Ford Island, raising \$75 million in private sector donations, and purchasing and restoring vintage aircraft and aviation memorabilia documenting the history of aviation in the Pacific. Admiral Hays currently serves as the voluntary Chairman of the Board for the Pacific Aviation Museum which succeeded in opening the first phase of this four phased project on December 7, 2006.



*Chapter members present at the luncheon included (L to R): Bill Moore, Lloyd Vasey, John Peters, Jim Gebhart, Ron Hays, Jane Hays, Ron Bezanson, Bruce Smith, Hank Heyenga, Neil Carmody, and Bob Popp.*



**TUG** by Colonel Lou Torraca, USAF (Retired)  
**Smart, Safe, Swift and Fun**

Sound like you? If not, why? Now I have your attention, what am I talking about? Well, I keep getting the same questions about most of these topics, one way or another, so I decided I would briefly comment on them before getting to the fun stuff. The first is easy...do you have an anti virus program? How about anti spyware/malware? (I use AVG by Grisoft, Spybot and AdAware, to name a couple). If your answer is yes, that's the partially smart bit! Now for the follow-up...are they up-to-date? And...do you use them on a regular basis? OK, a yes puts you in the safe mode. Of course phishing and how to avoid it are plusses, too. I see lots of ways that banks, financial firms and online merchants are trying to make their sites more secure, but the bad guys are working full-time to catch you. So, remember to heed my warning at the end of my columns, to be careful out there on the 'net. Swift involves the ways you can keep your computer running at a fast clip and takes some personal discipline. My system includes using a couple programs I have found to work real well. The first is Diskeeper-it automatically defrags your hard-drives and the second is Registry Booster which cleans up your registry for you. I've written about both in previous columns so if you need to check them out go to my column page <http://tinyurl.com/363qew> where my previous ones are listed. Columns in the past have also covered the smart and safe topics, so you might want to do a quick refresher on them as well. BTW, some of the things you need to do are not automatic...e. g. I usually do the Registry Booster, Spybot, AdAware, etc. every Sunday afternoon, but I use my computer everyday and that includes going on the internet so you may be able to do yours less frequently, but I suggest a set time so you don't forget.

So, what about the fun stuff...well, I just finished playing with a neat program that even I can get up and running with no problems. It's called Panorama Composer and it can take a series of digital photos you have taken and stitch them together into a panoramic view. It's really amazingly simple and looks great, too. Even an amateur photographer (like me) who just bought a digital camera can easily use it. The main advantage of Panorama Composer 3.0 is its real-time preview that makes creating panoramas very easy. There is also a built-in image enhancing mechanism that fixes problems in the images you use. Panorama Composer 3.0 makes it possible to start new project and save the progress as necessary. Once finished, the project can be exported to JPEG, HTML or EXE format, making it possible to use these panoramas as virtual tours. This sounds like the old, boring, come see the pictures we took on our vacation ploy, but trust me, it's much more entertaining {-:-).

The program comes with an excellent instruction manual. Best of all, it can be downloaded and tried absolutely free of charge. Some of the highlights include: **Any Photos** - You do not need any additional or special equipment except your digital camera. Panorama Composer can use hand-held photos taken without a tripod with ease. **Automatic Lens Type Detection** - The program automatically detects your camera lens type and focal length used for shooting. In addition all perspective and focal distortions are calculated and corrected automatically during the panorama creation process. You can get an incredible result even with the photos that overlap. **Easy To Use** - The product comes with a straightforward 100% visual wizard-based interface with just three easy steps-load your images into the application; place them in the correct order; preview and save the resulting panorama optimized for your needs. **Flexible Save Options** - Different export formats combined with the full control over the exported panorama size and image quality cover all possible ways to share your creation. Single JPEG image; Panorama can be saved in it's original size, ready for printing. QuickTime VR movie; QuickTime VR (for "Virtual Reality") is one of the most popular formats for sharing panoramas on the World Wide Web today. Web ready HTML page with one of the following panorama viewers embedded; Adobe (former Macromedia) Flash viewer; Java viewer; QuickTime viewer; ActiveX based viewer (Microsoft Internet Explorer compatible only). **Standalone EXE application** - This option is really handy if you'd like to send the panorama by e-mail. It does not require any additional software and can be executed on any Windows computer. **Fine Tuning** - You can manually correct almost all available parameters for the stitching starting from an automatic cropping of the result and ending with the image blending options. Even though the feature is available, you'll probably never need it. **Platforms** - All versions of windows including Vista.

To see how nifty this program is, visit <http://tinyurl.com/yvu8nv> to view 2 examples.

That's it for now, remember to be safe out there on the 'net and enjoy all the goodies in the home entertainment and computer world. Come join us at either of our 2 monthly meetings, go to [www.the-tug.org](http://www.the-tug.org) for schedules and directions.

Aloha, *Lou*

**DEALING WITH STRESS** (Continued from Page 4)

What is the answer? Some turn to alcohol or drugs in order to forget; but their relief is temporary. Some take long walks. Some busy themselves with projects that leave little time to think. Some seek the advice and support of close friends and/or trusted advisors and counselors. For people of faith, there is help to be found in Scripture reading, worship, and prayer. Support groups can bring together like minded people who are facing similar crises. Whatever the problem, it is important to remember that you are not alone. Don't bottle up your feelings. Talk to a friend or counselor. Whisper a prayer. Don't play the what if game. Don't borrow trouble. Take life one day at a time.

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**Sergeant -at- Arms**  
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### Check Out Our Web Site - by Bob Ranaldo

I took over management of the MOAA-Hawaii website in mid-March of this year and as most of you have seen, it has a slightly different look. The Board of Directors and the Executive Committee pages have been updated as well as the Chapter By-laws section. I am also keeping the "News" and "Upcoming Events" pages updated with the current news and activities.

At the request of one Executive Committee member, music has been added to the Home page. If any member would like to have different background music (more specific to their branch of the service) I can easily change the music on a monthly or quarterly basis. You need to specify the music title and I will do my best to find it in the Midi format (.mid) required for the web site.

The pictures in the Photo Gallery section are very dated. While we no longer have an official Chapter Photographer, I welcome the submission of pictures from any of the members, especially those that relate to a Chapter function. E-mail them to me at [admin@moaa-hawaii.org](mailto:admin@moaa-hawaii.org). I can also place captions under the pictures if you provide the text. I will get them up on the web within a week of receipt. I plan on using a different album format so the quantity of pictures per album should not be an issue.

There are 2 new additions to the website:

**1.) Military Humor Section:** If anyone has a good joke or anecdote they would like to have put in the Humor Section, kindly e-mail it to [admin@moaa-hawaii.org](mailto:admin@moaa-hawaii.org). Cartoons and pictures with captions are also acceptable. If the concept takes hold and enough entries are received, we are considering voting on the best entry on a monthly basis and posting the winner in the Military Humor Section.

**2.) Web Forum:** Clicking on the web Forum link: [MOAA-Hawaii Forum](http://www.moaa-hawaii.org) will take you first to an instruction page that will provide enough information to get you started. One of the Forums deals with the Military Humor Section. There, you can provide your comments and vote to keep or eliminate the Humor Section. More on the Forum next month.

In case you missed our website address on Page 1 it is: <http://www.moaa-hawaii.org>. Check it out!!

### Have You Paid Your Chapter Dues?

**Check the PHK mailing label on the back cover to determine when your dues expire. Please renew now if they have already expired.**

**HAWAII CHAPTER of the MILITARY OFFICERS ASSOCIATION OF AMERICA**  
**New Membership Application and/or Current Member Dues Payment**

Name: \_\_\_\_\_ Male  Female   
                    Last                      First                      MI

**New Member Application**  **Currently a Regular Member**  **Currently an Auxiliary Member**

**New members:** Complete next items and Regular or Auxiliary Member section. Enter remittance at bottom.

**Current members:** Complete any items that have changed and enter your remittance amount at bottom of form.

Address: \_\_\_\_\_ Email: \_\_\_\_\_

Date of birth: \_\_\_\_\_ National MOAA membership No. \_\_\_\_\_

Home Phone: \_\_\_\_\_ Office Phone: \_\_\_\_\_ Fax \_\_\_\_\_

**Regular Members:** Active duty, retired, or former military officers are eligible for regular membership.  
Service \_\_\_\_\_ Rank \_\_\_\_\_ Active Duty  Retired  Reserve  National Guard  Former Officer   
**Dues:** \$15 per year; 5 years for \$60. Life membership: Age 50 and under, \$300; 51-60 \$250; 61-70 \$200;  
71-89 \$100; 90 and older is free.

**Auxiliary Members:** Widows or widowers are eligible for membership whose spouses were regular members or were eligible for regular membership. Rank of spouse: \_\_\_\_\_ Service of spouse: \_\_\_\_\_  
**Dues:** \$10 per year; 5 years for \$40; Life membership: Age 50 and under, \$150; 51-60 \$125; 61-70 \$100;  
71-89 \$50; 90 and older is free.

If married, spouse's first name: \_\_\_\_\_ Last name, if different than yours: \_\_\_\_\_

Indicate interest in any of the following Chapter activities or Committees:

Personal Affairs  Legislative Affairs/Veterans Affairs  Public Affairs  Program/Social  Newsletter  Membership  Finance   
ROTC Scholarship & Awards  Fund Raising  Community Service  TUG(Computers)  Party Bridge  Golf  Tennis

Dues Enclosed \$ \_\_\_\_\_ Optional Donation: Scholarships \$ \_\_\_\_\_ Community Services \$ \_\_\_\_\_

**Total Remittance: \$ \_\_\_\_\_ Make check to Hawaii Chapter MOAA, PO Box 1185, Kailua HI 96734-1185**

Hawaii Chapter, MOAA  
P.O. Box 1185  
Kailua, Hawaii 96734-1185



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**UP-COMING CHAPTER ACTIVITIES:**

**21 Jun (Thu) - Asia-Pacific Center for Security**  
**10:30 a.m. w/Lunch following at Hale Koa Hotel**

**No Chapter Social Activity is planned for July**  
**12 Aug (Sun) - Annual Picnic, Bellows AFS**

**See Page 3 for details.**